

5-Aminosalicylic Acid Enemas: Effective Agent in Maintaining Remission in Left-Sided Ulcerative Colitis

Randomized placebo controlled trial.
Patients with left-side UC who were in clinical remission for at least 2 months were randomized to 1 gr 5-ASA enema or placebo daily for 1 year.

Primary endpoint: Relapse rate at the end of follow-up

Results: N=25

- Relapse rate was: 5ASA 3/12 vs 11/13 placebo, $p < 0.0005$.

Conclusion:

One-gran 5-aminosalicylic acid enemas are safe and effective in maintaining remission in patients with left-sided UC.

Relapse rate after a year

