

PDAI (perianal disease activity index)

DISCHARGE

- 0: No discharge
- 1: Minimal, mucous
- 2: Moderate mucous/purulent
- 3: Heavy
- 4: Very heavy

INDURATION

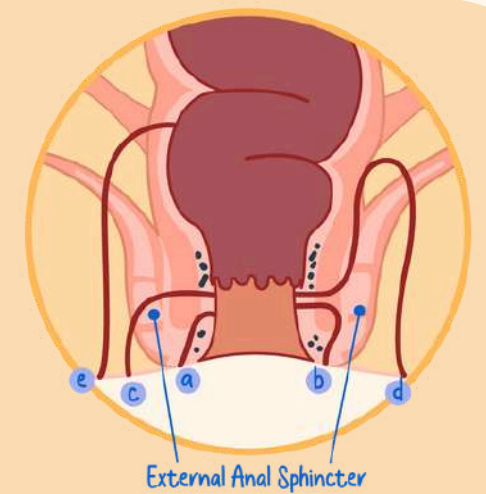
- 0: No induration
- 1: Minimal
- 2: Moderate
- 3: Manifest
- 4: Fluctuation/abcess

PAIN/ RESTRICTION OF ACTIVITIES

- 0: No pain or restriction
- 1: No restriction, discomfort
- 2: Moderate discomfort, some limitation
- 3: Marked discomfort, marked restriction
- 4: Severe pain, severe limitation

FISTULA TYPE

- 0: None/ skin tags
- 1: Anal fissure or mucosal tears
- 2: <3 perianal fistula
- 3: ≥ 3 perianal fistula
- 4: Anal sphincter ulceration or fistulas with significant undermining skin



PERIANAL DISEASE AREA

- 0: No disease
- 1: Small, localized area affected
- 2: Moderate involvement
- 3: Large area of involvement
- 4: Extensive involvement with multiple areas affected

RESTRICTION OF SEXUAL ACTIVITY

- 0: No restriction
- 1: Slight restriction
- 2: Moderate limitation
- 3: Marked limitation
- 4: Unable to engage in sexual activity



PDAI interpretation

GRADE

0-4: No to mild disease activity

5-9: Moderate disease activity

10-20: Severe disease activity

