2023. Curcumin-QingDai

RCT/CurQD/UC/ Induct&Maintain

<u>Part 1:</u>Open-label trial (Phase Ib) of CurQD in patients with active ulcerative colitis (SCCAI \geq 5 and Mayo endoscopic subscore \geq 2). <u>Part 2:</u> Placebo-controlled trial, patients were randomized to CurQD 3gr/day or placebo for 8 weeks.

Responding patients continued on curcumin or placebo alone for 8 more weeks. Biologics, 5ASA, IMM and steroids (≤20mg/d) permited. *Excluded proctitis alone and those on tofacitinib.

<u>Co-primary endpoints</u>: clinical response (SCCAI reduction of \geq 3) and objective response (Mayo endoscopic sub-score improvement \geq 1 or 50% calprotectin reduction)

Results: Part 1 (N=10); Part 2 (N=42)

- Clinical response at week 8: 85.7% CurQD vs 30.7% pbo, p<0.001
- Clinical remission at week 8: 50% CurQD vs 8%pbo, p =0.01
- Reduccion of FC by 50%: 46.4% CurQD vs 15.4% pbo, p=0.08
- Endoscopic response 75% CurQD vs 20% pbo, p=0.036

Conclusion:

CurQD was effective for induction of response and remission in active UC patients.

Curcumin-QingDai combination for patients with active ulcerative colitis: A randomized double-blinded placebo-controlled trial

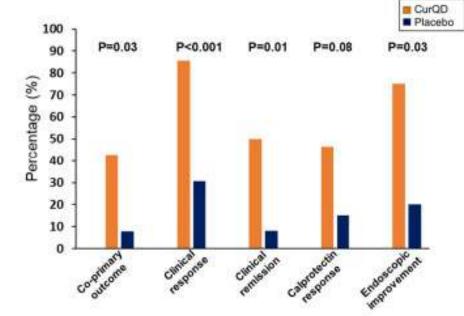


Figure 1. Primary and secondary outcomes of Part 2 randomized placebo-controlled study

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