

1965. Prednisone

RCT/Prednisone/UC/ Maintain

Randomized double-blind controlled trial.
Patients with active UC who achieved remission with corticosteroid therapy were randomized to continue on prednisone 15mg/day vs placebo.

Primary endpoints: Relapse rate within 24 weeks

Results: N=69

- Relapse rate did not differ between groups 52.9% prednisone vs 48.6% placebo, $p>0.05$
- Side effects were more frequent in the prednisone group: 20.6% vs 5.7%, $p<0.05$

Conclusion:

Prednisone 15mg daily was not superior than placebo in preventing relapses of ulcerative colitis.

Prednisone As Maintenance Treatment For Ulcerative Colitis In Remission

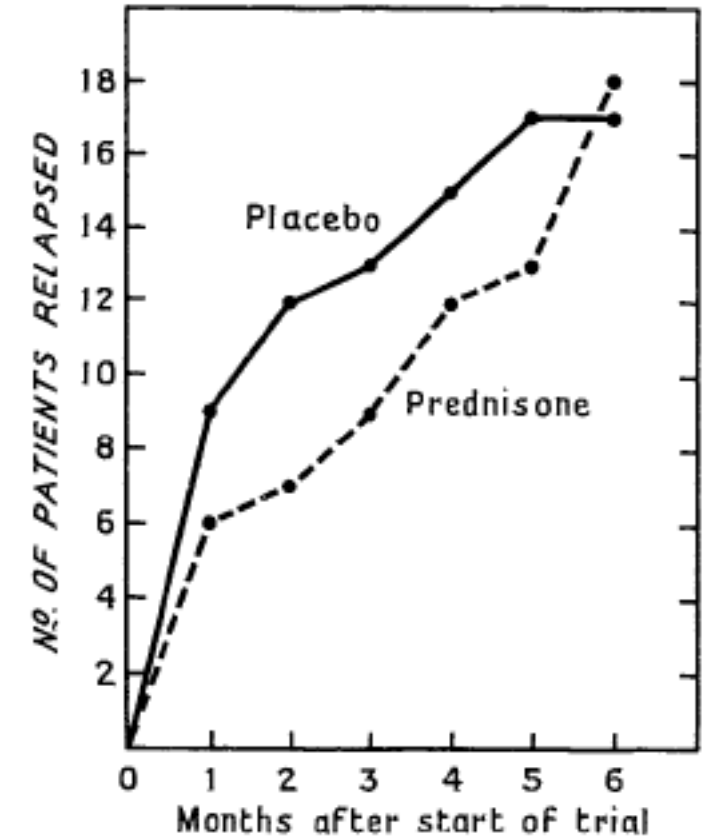


Fig. 2—Cumulative relapse-rate in the two groups.

