RCT/5ASA vs AZA/CD/Postop

Multicenter double-blind, double-dummy, randomised trial. CD patients with <u>surgery in the preceding 6-24 months</u> with subsequent clinical recurrence with CDAI<200 but endoscopic recurrence were randomised to:

Azathioprine 2-2.5mg/kg/d vs mesalazine 4gr/d

<u>Primary endpoints:</u> Therapeutic failure within 1 year defined as $CDAI \ge 200$ and an increase of ≥ 60 points from baseline

Results:

- Treatment failure occurred in 22% (AZA) vs 10.8% (5ASA), p=0.19
- Clinical recurrence 0% AZA vs 10.8% 5ASA, p=0.031
- Patients with ≥1 point reduction of Rutgeerts score at month 12 was 63.3% AZA vs 34.4% 5ASA, p=0.023

Conclusion:

In this population of patients with postoperative CD at high risk of clinical recurrence, superiority for azathioprine versus mesalazine could not be demonstrated for therapeutic failure.

Azathioprine versus mesalazine for prevention of postoperative clinical recurrence in patients with Crohn's disease with Endoscopic recurrence: efficacy and safety results of a randomised, double-blind, double-dummy, multicentre trial

Table 2 Therapeutic failure during 1 year (primary end point) due to clinical recurrence (defined as Crohn's disease activity index score ≥200 and an increase of ≥60 points from baseline) or study discontinuation due to lack of efficacy or adverse drug reaction

2	Azathioprine	Mesalazine	Difference in proportions* (95% CI)	p Value†
Intention-to-treat population	n=41	n=37		
Therapeutic failure	9 (22.0%)	4 (10.8%)	11.1% (-5.0% to 27.3%)	0.19
Clinical recurrence or discontinuation due to lack of efficacy	0	4 (10.8%)	-10.8% (-20.8% to -0.8%)	0.031
Discontinuation due to adverse drug reaction‡	9 (22.0%)	0	22.0% (9.3% to 34.6%)	0.002
Per-protocol population	n=33	n=31		
Therapeutic failure	9 (27.3%)	3 (9.7%)	17.6% (-0.8% to 36.0%)	0.072

Azathioprine—mesalazine



Two-sided χ² test.

Suspected relationship to study drug.