Randomized placebo-controlled trial

Patients with CD who underwent surgery were randomized to start within the 1 week of resection ornidazole 1gr/ day or placebo for 1 year.

Primary endpoints: Clinical recurrence at 54 weeks from surgery

Results: N=80

- Clinical recurrence at 1 year,7.9% ornidazol vs 37.5% placebo, p=0.0046
- Endoscopic recurrence (i2-i4) at 12 months, 53.6% ornidazol vs 79% placebo, p=0.037
- More patients in the ornidazol group dropped out from study due to side effects, p=0.041

Conclusion:

Ornidazole 1 g/day is effective for the prevention of recurrence of Crohn's disease after ileocolonic resection.

Table 2. Logistic Regression Analysis of Baseline Characteristics and Postoperative Therapy Influencing Clinical Recurrence at 1 Year

Variable	P value	OR	95% CI
Sex	.46	0.0553	0.115-2.675
Age	.79	1.040	0.781-1.387
Age at onset	.70	1.027	0.896-1.177
Age at resection	.72	0.948	0.706-1.274
Extent of disease	.78	0.995	0.958-1.033
Disease behavior	.96	0.975	0.336-2.832
Number of resections	.20	2.292	0.652-8.065
Section margins with inflammation	.76	1.276	0.271-5.997
Previous smoking	.13	8.419	0.546-129.748
Current smoking	.32	0.249	0.016-3.941
Immunosuppression	.042	5.216	1.063-25.608
Glucocorticosteroids	.97	0.971	0.238-3.953
Ornidazole	.016	0.126	0.023-0.683

