

Randomized double-blind, placebo controlled trial.

Induction: VDZ 300mg IV w0 and w2 or placebo, disease evaluation w6

Maintenance: responders w6 randomised to continue VDZ q8w or q4w or placebo for up to 52w.

Primary outcome for induction therapy: clinical response w6

Secondary outcomes: clinical remission w6; mucosal healing w6.

Primary outcome for maintenance: remission w52

Secondary outcome for maintenance: durable clinical response & remission w52, steroid free remission.

### Results:

- Clinical response w6: 47.1% VDZ vs 25.5% pbo;  $p < 0.001$
- Clinical response w52: 41.8% VDZq8 vs 44.8% VDZq4 vs 15.9% pbo;  $p < 0.0001$

### Conclusions:

Vedolizumab more effective than placebo as induction and maintenance therapy for UC.

**Table 2. Outcome Measures at Week 6 in the Trial of Induction Therapy.**

| Outcome             | Placebo<br>(N = 149) | Vedolizumab<br>(N = 225) | Percentage-Point<br>Difference<br>(95% CI)* | P Value |
|---------------------|----------------------|--------------------------|---|---------|
|                     |                      |                          |   |         |
| Clinical response†  | 38 (25.5)            | 106 (47.1)               | 21.7 (11.6–31.7)                            | <0.001  |
| Clinical remission‡ | 8 (5.4)              | 38 (16.9)                | 11.5 (4.7–18.3)                             | 0.001   |
| Mucosal healing§    | 37 (24.8)            | 92 (40.9)                | 16.1 (6.4–25.9)                             | 0.001   |

**Table 3. Outcome Measures in the Trial of Maintenance Therapy.**

| Outcome                                    | Placebo<br>(N = 126) | Vedolizumab Every<br>8 Wk (N = 122) | Vedolizumab Every<br>4 Wk (N = 125) | Between-Group Difference* |         |                           |         |
|--|----------------------|-------------------------------------|-------------------------------------|---------------------------|---------|---------------------------|---------|
|  |                      |                                     |                                     | Every 8 Wk<br>vs. Placebo | P Value | Every 4 Wk<br>vs. Placebo | P Value |
|  |                      |                                     |                                     |                           |         |                           |         |
| number/total number (percent)              |                      |                                     |                                     |                           |         |                           |         |
| Clinical remission at wk 52                | 20/126<br>(15.9)     | 51/122<br>(41.8)                    | 56/125<br>(44.8)                    | 26.1<br>(14.9–37.2)       | <0.001  | 29.1<br>(17.9–40.4)       | <0.001  |
| Durable clinical response†                 | 30/126<br>(23.8)     | 69/122<br>(56.6)                    | 65/125<br>(52.0)                    | 32.8<br>(20.8–44.7)       | <0.001  | 28.5<br>(16.7–40.3)       | <0.001  |
| Durable clinical remission‡                | 11/126<br>(8.7)      | 25/122<br>(20.5)                    | 30/125<br>(24.0)                    | 11.8<br>(3.1–20.5)        | 0.008   | 15.3<br>(6.2–24.4)        | 0.001   |
| Mucosal healing at wk 52                   | 25/126<br>(19.8)     | 63/122<br>(51.6)                    | 70/125<br>(56.0)                    | 32.0<br>(20.3–43.8)       | <0.001  | 36.3<br>(24.4–48.3)       | <0.001  |
| Glucocorticoid-free remission<br>at wk 52§ | 10/72<br>(13.9)      | 22/70<br>(31.4)                     | 33/73<br>(45.2)                     | 17.6<br>(3.9–31.3)        | 0.01    | 31.4<br>(16.6–46.2)       | <0.001  |

