2010. ADHERE

OL/ ADA/ CD/ Maintain

Open-label study that included patients who were randomized to ADA or placebo in the CHARM trial were followed-up for 2 years. **Upon entry in ADHERE all patients randomized to placebo in CHARM and still receiving blinded placebo received OL adalimumab therapy eow.**

Primary outcome:

Maintenance of remission and clinical response w36 and w60 in ADHERE (these weeks correspond to 92 and 116 weeks since CHARM trial start)

Results: *when refering to placebo means placebo during CHARM not during ADHERE

- Clinical remission w36 (92w from CHARM), 36% placebo vs 41.5% ADA eow vs 52.1% ADAew.
- Clinical remission w60 (116w from CHARM) 37.6%, 41.9% and 49.8% of patients on placebo,, adalimumab eow and adalimumab weekly, respectively.
- Remission rates for patients on combination therapy with immunosupressant 64.2% vs ADA alone 60.2%, p=ns

Conclusions:

Adalimumab demonstrated sustained maintenance of clinical remission, improvements in quality of life and reductions in hospitalization during longterm treatment for CD, with no new safety concerns identified

Adalimumab sustains clinical remission and overall clinical benefit after 2 years of therapy for Crohn's disease









